

POTENTIAL DRUG INTERACTIONS WITH ESSENTIAL OILS

Category	Generic	Brand Name(s)	Potential Interactions (Oral Use)
Sleep and anxiety	doxepin, zolpidem	Ambien, Edluar, Intermezzo, Silenor, Zolpimist	Blue Cypress, Blue Tansy*, German Chamomile*, Australian Sandalwood, Vitex, Yarrow*
Sleep and anxiety	eszopiclone, triazolam, zaleplon	Lunesta, Halcion, Sonata	Blue Tansy, German Chamomile, Yarrow
Stress and Anxiety	alprazolam, buspirone, chlordiazepoxide, clonazepam, diazepam	BuSpar, BuSpar Dividose, Klonopin, Librium, Libritabs, Mitran, Poxi, Valium, Vanspar, Xanax	Blue Tansy, German Chamomile, Yarrow
Depression	escitalopram, fluoxetine, paroxetine, sertraline	Brisdelle, Lexapro, Paxil, Paxil CR, Pexeva, Prozac, Rapidflux, Sarafem, Selfemra, Zoloft	Blue Cypress, Blue Tansy*, Cinnamon Leaf, Clove Bud, German Chamomile*, Australian Sandalwood, Vitex, Yarrow*
Depression	isocarboxazid, phenelzine	Marplan, Nardil	Cinnamon Leaf, Clove Bud
Chronic Fatigue and Fibromyalgia	armodafinil, modafinil, trazodone	Desyrel, Desyrel Dividose, Nuvigil, Oleptro, Provigil	Blue Tansy, German Chamomile, Yarrow
Chronic Fatigue and Fibromyalgia	cyclobenzaprine, dextroamphetamine and amphetamine tablets, duloxetine, lisdexamfetamine, metaxalone, tramadol	Adderall, Amrix, Comfort Pac with Cyclobenzaprine, ConZip, Cymbalta, Fexmid, Flexeril, Irenka, Skelaxin, Ultram, Ultram ER, Vyvanse	Blue Cypress, Blue Tansy*, German Chamomile*, Australian Sandalwood, Vitex, Yarrow*
Libido and Erectile Dysfunction	sildenafil, tadalafil, vardenafil	Adcirca, Cialis, Levitra, Revatio, Staxyn, Viagra	Blue Tansy, German Chamomile, Yarrow
Dementia Cognitive Disorders	donepezil, haloperidol	Aricept, Aricept ODT, Haldol	Blue Cypress, Blue Tansy*, German Chamomile*, Australian Sandalwood, Vitex, Yarrow*
Dementia Cognitive Disorders	ergoloid mesylates	Hydergine, Hydergine LC	Blue Tansy, German Chamomile, Yarrow

* Caution for all routes (inhalation, oral, topical)

Category	Generic	Brand Name(s)	Potential Interactions (Oral Use)
Bone and Joint Disorders	meloxicam, methylprednisolone, prednisone	Anjesto, Deltasone, Medrol, Medrol Dosepak, Mobic, Qmiiz OD, Rayos, Sterapred, Vivlodex	Blue Tansy, German Chamomile, Yarrow
Bone and Joint Disorders	celecoxib, diclofenac, dicofenac and misoprostol	Arthrotec, Cambia, Cataflam, Celebrex, Dyloject, Voltaren-XR, Zipsor, Zorvolex	German Chamomille
Cancer	etoposide, ixabepilone, vinblastine, vincristine, vinorelbine	Ixempra, Navelbine, Oncovin, Velban, Vincasar PFS	Blue Tansy, German Chamomile, Yarrow
Cardiovascular Disease	amlodipine, benazepril, atorvastatin, diltiazem, felodipine, nifedipine, simvastatin, vorapaxar	Adalat, Adalat CC, Afeditab CR, Cardizem (incl. CD, LA, ZR), Cartia XT, Dilacor XR, Dilt-CD, Diltia XT, Dilt-XR, Diltzac, Matzim LA, Lipitor, Lotrel, Nifediac CC, Nifedical XL, Plendil, Procardia, Procardia XL, Taztia XT, Tiazac, Zocor, Zontivity	Blue Tansy, German Chamomile, Yarrow
Cardiovascular Disease	azilsartan medoxomil, rosuvastatin	Crestor, Edarbi, Ezallor Sprinkle	German Chamomille
Cardiovascular Disease	metoprolol, propranolol	Hemangeol, Inderal LA, Inderal XL, InnoPran XL, Inderal, Kapspargo Sprinkle, Lopressor, Toprol-XL	Blue Cypress, Blue Tansy*, German Chamomile*, Australian Sandalwood, Vitex, Yarrow*
Cardiovascular Disease	warfarin	Coumadin, Jantoven	Blue Tansy, Cassia, Cinnamon Bark, Cinnamon Leaf, Clove Bud, German Chamomile, Lavandin Abrialis, Lavandin Grosso, Lavandin Super, Oregano, Patchouli, Savory, Star Anise, Sweet Fennel, Thyme, Yarrow
Chronic Respiratory Disease	budesonide, fluticasone inhalation, mometasone inhalation, salmeterol inhalation	ArmonAir RespiClick (55, 113, 232), Arnuity Ellipta, Asmanex HFA, Asmanex Twisthaler, Entocort EC, Flovent, Ortikos, Serevent, Serevent Diskus, Uceris	Blue Tansy, German Chamomile, Yarrow
Chronic Respiratory Disease	umeclidinium	Incruse Ellipta	Blue Cypress, Blue Tansy*, German Chamomile*, Australian Sandalwood, Vitex, Yarrow*

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Category	Generic	Brand Name(s)	Potential Interactions (Oral Use)
Diabetes and Obesity	metformin	Fortamet, Glucophage, Glucophage XR, Glumetza, Rioment	Cassia, Cinnamon Bark, Dill Weed, Geranium, Lemon Basil, Lemon Myrtle, Lemon Tea Tree, Lemongrass, Litsea, Melissa, Myrtle, Oregano, Rose Geranium, Star Anise, Sweet Fennel, Turmeric Rhizome
Diabetes and Obesity	glimepiride, tolbutamide	Amaryl, Orinase, Orinase Diagnostic, Tol-Tab	Cassia, Cinnamon Bark, Dill Weed, Geranium, Lemon Basil, Lemon Myrtle, Lemon Tea Tree, Lemongrass, Litsea, Melissa, Myrtle, Oregano, Rose Geranium, Star Anise, Sweet Fennel, Turmeric Rhizome
Diabetes and Obesity	pioglitazone, nateglinide, repaglinide	Actos, Prandin, Starlix	Blue Tansy, Cassia, Cinnamon Bark, Dill Weed, Geranium, German Chamomile, Lemon Basil, Lemon Myrtle, Lemon Tea Tree, Lemongrass, Litsea, Melissa, Myrtle, Oregano, Rose Geranium, Star Anise, Sweet Fennel, Turmeric Rhizome, Yarrow
Fatty Liver	pioglitazone	Actos	Blue Tansy, Cassia, Cinnamon Bark, Dill Weed, Geranium, German Chamomile, Lemon Basil, Lemon Myrtle, Lemon Tea Tree, Lemongrass, Litsea, Melissa, Myrtle, Oregano, Rose Geranium, Star Anise, Sweet Fennel, Turmeric Rhizome, Yarrow
Inflammatory Bowel Diseases	budesonide, cyclosporine, dexamethasone	Baycadron, Decadron, Dexamethasone Intensol, DexPak, Entocort EC, Neoral, Ortikos, SandIMMUNE, TaperDex, UcerisGengrad, Zemma-Pak, ZoDex, Zonacort	Blue Tansy, German Chamomile, Yarrow
Epilepsy	carbamazepine, clonazepam, rasagiline, ropinirole	Azilect, Carbatrol, Epitol, Equetro, Klonopin, Requip, Requip XL, ReQuip Follow on Pack, ReQuip Starter Pack, Repreve, ReQuip Starter Kit, Tegretol, Tegretol XR	Blue Tansy, German Chamomile, Yarrow
Epilepsy	phenobarbitol, phenytoin	Dilantin, Luminal, Phenytek, Solfoton	German Chamomile
Epilepsy	selegiline	Eldepryl, Zelapar	Blue Tansy, Citronella, Geranium, German Chamomile, Lemon Basil, Lemon Myrtle*, Lemon Tea Tree*, Lemongrass*, Litsea*, Melissa, Palmarosa, Rose Geranium, Yarrow

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Category	Generic	Brand Name(s)	Potential Interactions (Oral Use)
Pain Relief Medication	acetaminophen	Actamin, Anacin AF, Apra, Bromo Seltzer, Children's Tylenol, Elixsure Fever/Pain, Mapap, Medi-Tabs, Q-Pap, Silapap Children's, Tactinal, Temptra Quicklets, Tycoline, Tylenol, Vitapap	Blue Tansy, German Chamomile, Yarrow
Pain Relief Medication	aspirin	Arthritis Pain, Aspi-Cor, Aspir 81, Aspir-Low, Bayer Plus, Bufferin, Durlaza, Ecotrin, Ecpirin, Miniprin	Cassia, Cinnamon Bark, Cinnamon Leaf, Clove Bud, Sweet Fennel, Lavandin, Savory, Oregano, Patchouli, Star Anise, Thyme
Pain Relief Medication	ibuprofen, carprofen	Rimadyl, Advil, Midol, Motrin, Motrin IB, Motrin Migraine Pain, Proprinal, Smart Sense Children's Ibuprofen, PediaCare Children's Pain Reliever/Fever Reducer, PediaCare Infant's Pain Reliever/Fever Reducer	German Chamomile
Pain Relief Medication	naproxen	Aleve, EC-Naprosyn, Flanax Pain Reliever, Midol Extended Relief, Naprelan, Naprosyn, Anaprox, Anaprox-DS, Naproxen Sodium, Aleve Caplet, Aleve Gelcap, Aleve Easy Open Arthritis	Blue Tansy, German Chamomile, Yarrow
Cough and Cold	dextromethorphan	Babee Cof, Benlyn DM Pediatric, Buckleys Mixture, Creomulsion, Creo-Terpin, DayQuil Cough, Delsym, Delsym 12 Hour Cough Relief, Elixsure Cough, Robafen Cough Liquidgels, Robitussin CoughGels, Scot-Tussin Diabetic, Silphen DM, St. Joseph Cough Suppressant, Sucrets DM Cough, Theraflu Thin Strips Cough, Triaminic Long Acting Cough	Blue Cypress, Blue Tansy*, German Chamomile*, Australian Sandalwood, Vitex, Yarrow
Antihistamine	diphenhydramine	Allergy Relief, Allermax, Banophen, Benedryl, Compoz Nighttime Sleep Aid, Diphedryl, Diphenhist, Dytuss, Nytol QuickCaps, Pedia Care Children's Allergy, Q-Dryl, QlearQuil Nighttime Allergy Relief, Quenalin, Scot-Tussin Allergy Relief Formula, Siladryl Allergy, Silphen Cough, Simply Sleep, Sleepinal, Sominex, Tranquil, Twilite, Unisom Sleepgels Maximum Strength, Value-Dryl, Vanamine PD, Z-Sleep, ZzzQuil	Blue Cypress, Blue Tansy*, German Chamomile*, Australian Sandalwood, Vitex, Yarrow*

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